Mushroom Risotto

Serves 2-3 as a main course

Use a mix of different mushroom varieties for this hearty risotto with robust mushroom flavor. I used a mix of cremini and shiitake mushrooms when I made it for this post.

3 cups less-sodium chicken or vegetable broth
5 tablespoons unsalted butter, divided
1/2 small yellow onion, chopped
1 small celery stalk, finely chopped
2 garlic cloves, minced
1 cup Arborio rice
1/2 cup dry vermouth or white wine
10 ounces mushrooms (a mix of different varieties), cleaned, stems trimmed (or removed if tough) and quartered
1 1/2 tablespoons chopped fresh thyme
2 tablespoons chopped fresh parsley plus more for garnish
1/2 cup grated parmesan cheese
Salt, to taste
Freshly ground black pepper, to taste

Preheat the oven to 425 degrees. In a small saucepan, heat the chicken broth over low heat until hot.

Melt two tablespoons of the butter in a heavy bottomed pot over medium heat. Add the onion and celery and cook until softened, stirring occasionally for about 3 minutes. Add in the minced garlic and cook for about 30 seconds. Add in the Arborio rice and stir constantly until the grains become opaque. This usually takes between 3 to 5 minutes.

Add the vermouth to the rice and stir until all the liquid has been absorbed. In 1/2-cup ladlefuls, add the chicken broth to the rice, stirring after each addition until almost all the liquid has been absorbed. Repeat until the entire 3 cups of chicken broth have been added to the risotto or the risotto reaches your desired tenderness (I like mine with a little bite). Be patient. This can take up to 30 minutes.

Meanwhile, heat two tablespoons of the butter in an ovenproof skillet over medium-high heat. When hot, add the mushrooms with a sprinkle of salt and pepper to the skillet. Sauté briefly, about 3 minutes, until lightly browned. Sprinkle the mushrooms with the thyme and toss to coat. Move the skillet with the mushrooms to the oven and roast for 8 minutes. Remove the mushrooms from the oven and set-aside until ready to use.

Finish the risotto by stirring in the remaining 1 tablespoon of butter, the parsley, the Parmesan cheese, and the roasted mushrooms. Season the risotto to taste

This recipe came from Minced at www.mincedblog.com.



This recipe came from Minced at www.mincedblog.com.